



## BREAKFAST OPTIONS

**Continental Breakfast** \$8.00  
Includes coffee or tea, apple or orange juice, an assortment of fresh cut seasonal fruit, yogurt and granola, fresh baked scones, croissants, cinnamon rolls, danishes, muffins and pastries

**Breakfast Buffet** \$22.00  
Includes farm fresh scrambled eggs, crispy fried bacon, breakfast sausages, golden fried hash browns, touts, baked beans, mini fish cakes, fresh cut seasonal fruit, breakfast pastries, coffee or tea, apple or orange juice

**Breakfast Pastries** \$2.75  
Fresh butter croissants, Apple and Raspberry Cream Cheese Danishes, Scones, Muffins and Tea buns.

Gluten free options available \$2.99

**Hot Breakfast Sandwiches** \$5.00  
Ham, Bacon or Sausage, served with egg and cheese served on English Muffins.

**Breakfast Wrap** \$6.00  
Whole wheat wrap, stuffed with egg, bacon, roasted red peppers, spinach, and cheese

**Fresh Fruit and Yogurt Trays**  
12" tray serves 10-15 people \$36.95  
16" tray serves 20-30 people \$52.95

## LUNCH OPTIONS SANDWICHES & WRAPS

All our sandwiches are available on a whole wheat focaccia bread or whole wheat wrap and are sure to please every appetite! \$7.49 to \$8.49 per sandwich. Gourmet options include:

- Newfoundland Turkey & Dressing
- Turkey & Avocado with Basil Mayo
- Turkey Club

# ONSITE CATERING MENU

- Mediterranean Chicken Pesto
- Mediterranean Grilled Vegetable
- Black Forest Ham
- Cran-Apple Salsa Chicken

16" tray (32 quarters and serves +/- 10 people)  
\$64.95

Deli options include:

- Roast Beef
- Chicken
- Ham
- Egg Salad

16" tray (40-50 quarters and serves +/- 15 people)  
\$49.95

## Salads and Soups

ALL OUR SOUPS ARE MADE FROM SCRATCH

### SOUPS

Soups \$4.00 per 8oz serving  
Chowder \$5.00 per 8oz serving

### SALADS

Pasta \$3.00 per 8 oz serving  
Garden \$3.00 per 8 oz serving  
Spinach \$4.00 per 8 oz serving  
Goat Cheese & Beet \$4.00 per 8 oz serving  
Caesar \$3.00 per 8 oz serving

## APPETIZERS

### HOT ITEMS (Sold in Dozens)

Maple Glazed Bacon Wrapped Scallops \$26.00  
Cod Chunks & honey brown beer sauce \$24.00  
Bourbon Glazed Meat Balls \$14.00  
Chicken Spring Rolls & sweet chili sauce \$20.00  
Chicken wings & dipping sauces \$26.00  
Chicken Satays & Asian sesame sauce \$24.00  
Torpedo shrimp & cocktail sauce \$26.00  
Mini Quiche \$15.00  
Mini Fish Cakes \$18.00

## COLD ITEMS (Sold in 12 or "16 "trays)

Nibbler Platter (Cold cuts, cheeses, crackers)  
12" \$39.95  
16" \$54.95

Fresh Fruit Tray with yogurt dip  
12" \$36.95  
16" \$52.95

Veggie Tray  
12" \$27.95  
16" \$39.95

Fruit, Cheese & Crackers Tray  
12" \$45.95  
16" \$64.95

Pinwheel Wrap Tray  
12" (20-30 pieces) \$24.95  
16" (50-60 pieces) \$49.95

Newfoundland Turkey Dressing Bites  
12" (20-25 pieces) \$27.95  
16" (30-35 pieces) \$39.95

## MAINS

Soup and Sandwich \$17.00  
A fresh made soup, served with a full sandwich, assorted varieties of breads and wraps. Includes a sweet, tea or coffee

Pasta Bake \$15.00  
Sautéed Ground beef, peppers, onions and mushrooms mixed with a rich tomato sauce and pasta. Topped with cheese, baked to perfection. Served with a salad. Includes a sweet, tea or coffee

Cold Plate \$16.00  
Stuffed Chicken breast, 3 salads, lettuce and tomato, piece of cheese, fresh dinner roll. Includes a sweet, tea or coffee

Cod au Gratin \$17.00  
Cod smothered in a creamy white sauce, topped with cheese, baked to perfection. Served with a salad. Includes a sweet, tea or coffee

Stuffed Chicken Breast Dinner \$22.00  
Boneless chicken breast stuffed with savory dressing, topped with pan gravy, served with mashed pota-

to, turnip, maple glazed carrots and green beans. Includes fresh baked breads, dessert, tea or coffee

Stuffed Pork Loin \$24.00  
Boneless pork loin, stuffed with a cranberry apple stuffing, topped with pan gravy, served with mashed potato, turnip, maple glazed carrots and green beans. Includes fresh baked breads, dessert, tea or coffee

Sirloin Roast Beef Dinner \$25.00  
Layers of shaved sirloin, topped with a red wine sauce, served on roasted garlic caramelized shallot mashed potato, turnip, maple glazed carrots and green bean. Includes fresh baked breads, dessert, coffee or tea.

Traditional Turkey Dinner \$23.00  
Oven roasted turkey breast stuffed with Newfoundland savoury dressing, and topped with a partridge-berry chutney, mashed potato, turnip, maple glazed carrots and green beans. Includes fresh baked breads, dessert, coffee or tea.

Panko Crusted Salmon \$24.00  
Atlantic salmon crusted with a Dijon panko crust, topped with a lemon herb sauce, basmati rice, steamed vegetable medley. Includes fresh baked breads, dessert, coffee or tea.

## BUFFET

Our delicious buffet has a great variety of main dishes and side dishes to choose from. Select up to three hot dishes and three side dishes. Buffet includes fresh baked breads, coffee, tea and dessert.

\$26.00

## HOT DISHES

\$3.00 each

Honey Cinnamon Chicken  
Bourbon Glazed Meat Balls  
Meat and Pasta Bake  
Cod Au Gratin  
Macaroni and Cheese  
Stuffed Cod  
Pork Loin in Cranberry Salsa  
Pineapple Glazed Ham  
Additional Hot Dish items

## SIDE DISHES

Greek Salad	\$2.00 each
Garden Salad	
Pasta Salad	
Coleslaw	
Chunked Potato Salad	
Vegetable Fried Rice	
Steamed Vegetable Medley	
Honey Glazed Carrots and Turnip	
Twice Baked Potato Casserole	
Oven Roasted Seasoned Potatoes	
Additional Side Dish items	

## SNACKS

### DIPS AND SPREADS

- Spinach & Artichoke
  - Hummus
  - Mexican Layer Dip
- \$40.00

### MIDNIGHT SNACKS

Don't let the party wind down too early! Keep your guests happy with a second wind of delicious late-night grub.

Jumbo Pepperoni & Cheese Pizza \$22.00

Nacho Bar \$3.00/person  
Nacho chips, hot cheese sauce, salsa, cherry peppers and jalapeños peppers. Self Serve.

Taco Bar \$4.50/person  
Taco seasoned ground beef, salsa, diced tomatoes, guacamole, shredded cheese, lettuce, and heated soft shell tacos.

Soup Shooter Bar \$1.50/shot  
Get a little crazy with assorted soups from spicy to mild. All done in shooter style glasses.

## BEVERAGES

Coffee and Tea 10 cup minimum order \$2.00/cup

Tropicana Apple or Orange juice	\$3.00/bottle
Pearl Spring Water	\$2.00/bottle
Canned Pop	\$2.00/can
Sparkling Water	\$3.00/bottle

## FRUIT PUNCH STATION

\$2.50/guest

A cascading station filled with our great tasting non-alcoholic punch. A great center piece that lights up & allows guests to help themselves.

## CAKE SERVICES

\$40.00

Let our team cut, portion and serve your cake for your wedding, party or event. Themed and coloured paper liners to compliment your wedding style.

## CATERING STAPLES

Servers - per server/per hour	\$15.00
Chaffing dishes for buffet style	\$15.00/dish
Linen Napkins	75 ¢ each
Linen Tablecloths	\$8.00 each

## BBQ MENU // JUNE - SEPTEMBER

### MAINS

All meals include baked potato, mushroom and onions, confetti corn, 2 salads (potato, pasta, coleslaw, garden or Caesar salad), coffee and tea, dessert

8 oz Striploin Steak	\$25.00
Double Bone French Cut Pork	\$24.00
Semi Boneless Chicken Breast	\$22.00

Hamburger or Hotdog Combo \$15.00  
Served with 3 salads (potato, pasta, coleslaw, garden or Caesar salad) dessert and soft drink.

*All prices are subject to a 15% gratuity and sales tax. We'd be happy to answer any questions you may have regarding your event. Drop us a line!*