

Get ready for a camp packed with outdoor adventure and science and nature! This info package has been designed to make your child's experience the most fulfilling. We are excited to have your child(ren) participating and we hope they build memories to last a lifetime! Camp generally takes place in our Discovery Room, and we will do our best to get outside every day around the Centre and on our trails! During inclement weather (e.g. heavy rain and storms) we will spend our time exploring science indoors.

If you have any questions, concerns, or comments before, during, or after camp, please contact Eleanor at 834 2099 ext. 204, or email education@manuelriver.com. Welcome to the Manuels River *experience*!

Drop-Off & Pick-Up Times

Scheduled camp activities run between 9 am and 4 pm. Children may be dropped off as early as 8:45 am and picked up no later than 4:15 pm for no extra charge. If Campers will be late in the morning, or need to be picked up early in the afternoon, please let staff know ahead of time.

Absence

If your child, for some reason, will not be attending camp please call, or email us, as soon as possible.

Medication and Health Concerns

Camp staff will not administer any medications to its participants. All medication should be either self-administered or be given to camp participants before, or after, camp hours.

Special Needs

Upon registration, parents/guardians of the participants are required to outline any special needs or concerns that they may have for their child. Common concerns could include allergies, asthma, various medical conditions, learning disabilities, physical limitations, or emotional concerns. This information is important for our camp staff to know in advance, order to be fully prepared to offer the best experience possible and will be handled confidentially. Every camper is unique. The more we know, the better we can anticipate and accommodate our campers!

Cell Phones and Electronic Devices

Children are not permitted to have electronic devices (phones, tablets, gaming devices, etc.) on them. Should a child bring a device to camp, it must stay in their book bag at all times. If child takes such a device out during camp hours, he/she may have it confiscated, and it will be returned at the end of the camp day when the child is leaving.

Child Pick-up

On the registration form, you provide a list of people who are permitted to pick up your child from camp. ONLY people who have been listed will be permitted to sign out the child at the end of the day. They must be able to show a valid ID and provide the chosen code word. If the occasion arises where someone who is not on the list will be picking up your child, our staff must be contacted and notified of these special arrangements.

Lunch & Snacks

Please send your child to camp with a packed lunch each day. Please also ensure that your child brings a re-useable water bottle (hiking makes them thirsty)! Lunch will be supervised by our staff and will last approximately 1 hour daily. There will also be two 15 minute snack breaks each day, so you may also provide snacks. There is no public access to a microwave or stovetop at the Center. Children are not permitted to purchase items from our café (Coffee Matters) during camp hours. **We ask that you do not include any items that contain nuts or nut products.** We also may ask you not to bring other potential allergens to your specific camp. This will be outlined in your camp info package.

Safety

In order that all Campers and Staff may fully participate and enjoy their week at the Centre in a safe and fun environment, we expect Campers to abide by the camp rules and strive for a high standard of behavior. We cannot accept aggressive, defiant, or unsafe behavior, and no child is permitted to wander off unsupervised, or leave the grounds without permission and supervision. Should inappropriate behavior occur the Staff will facilitate redirection through: reminders and warnings, education and coaching, and time outs/sitting out of an activity. It is extremely important that all campers understand all rules and regulations, in order to protect the safety and well-being of all participants. We ask that you go over the campers' pledge, in the camp registration form, with your child and have him/her sign it **prior to** arriving at the Centre on the day. This is to encourage ownership of their own behavior and responsibility for their actions. At the beginning of each session, the camp staff will discuss these rules and regulations with the group to reinforce the discussion that you have **already** had at home. Continued disregard and disrespect for the rules and/or staff will result in suitable action to guarantee the safety and well-being of all participants. Parents will be contacted and notified if a problem arises. Parents are asked to reinforce the importance of safety and respect to their children for the camp.

Camper's Checklist

It is essential to be well-prepared; this will be the key to a happy camper! The following is a list of items that should be brought along in a **bag** for the camp. As well, a separate **light weight backpack** that is suitable for hiking is necessary.

- Extra shirt or smock to wear over clothes as we will be engaging in potentially messy activities
- Hat, sunglasses, sunblock, sweater, and a rain jacket, for outdoor events.
- Campers should dress in layers. The temperature inside the Centre varies, from day to day, as does the weather on the river. *Rain gear and a full change of clothes is advised.*
- Footwear, **Indoor** (running shoes recommended) and **outdoor** (rubber boots recommended). Flip flops and other open-toed shoes are not permitted.
- A Healthy, **NUT-FREE Lunch**, two snacks and drinks for the day. No meals or snacks will be provided or shared.
- Water** is recommended to drink, in a **re-fillable water bottle**.